



**all nations**  
BUSHWALKERS INC



**Winter Newsletter**

**June 2018**

PO Box Q23 Queen Victoria Building,  
Sydney NSW 1230  
<http://anbwalkers.org.au/>



NEWSLETTER OF ALL NATIONS BUSHWALKERS INC • FORMERLY ANC BUSHWALKERS INC & ALL NATIONS CLUB WALKABOUT GROUP • FOUNDED 1964 • INCORPORATED 1992

## WALK

### **Donna's Track Grose River Blue Mountains National Park 15 April 2018 Grade: Exploratory Leader: Liam Heery**

The impetus for this walk was to explore an area of the Blue Mountains that few people visit. The Grose River flows out of the Blue Gum Forest through magnificent gorges in a very remote area, before joining up with the Nepean River near Yarramundi. The plan was to see how many entry/exit points we can navigate on day trips (rather than over-night) into this remote section interestingly named the Devil's Wilderness.

On a couple of previous occasions, I have explored the 'easier' lower section of the Grose with entry points at Grose Vale. This route was going to be a bit harder with off track sections and without any marked tracks.

Starting off on the Donna Track fire trail we reached its terminus fairly quickly and had a leisurely morning tea before heading down the ridge to the Grose. This was supposed to be a fairly straight forward route to the Grose and further down river to Wentworth cave. We found the semblance of a track and occasional tags, so the going was reasonably easy, notwithstanding that it was a nearly vertical descent of 400 meters. The route also enters a creek about two thirds of the way down and that involved a lot of rock scrambling. The route would be impassable if it were wet!



Grose River

photo—Fiona Bachmann

On reaching the Grose we were greeted with some magnificent water pools, and while contemplating a swim decided to keep moving until lunch time, as we still had a fair way to go. Rather than rock hopping up the river we decided to cross over and look for any remnants of the old Engineers Track (built in the late 1850s), which could make walking up



Grose River  
photo— Nick Collins

river considerably easier. Sure enough we came across sections of the track, in some places very visible and others disappeared altogether. However, there was enough to make walking much easier requiring little 'real' bush bashing. Notwithstanding our good progress, we hadn't made it as far as I'd expected by lunch time, so after a swim, lunch and good rest we re-evaluated our situation and discussed turning back or forging on to an unknown exit.

The exit I wanted to take was one that Michael Keats had been unable to explore and so I wanted to see if it was going to be possible! Everyone wanted to keep going so we headed off to the next bend on the river and then headed up an unnamed creek following a route that I had pre-planned.

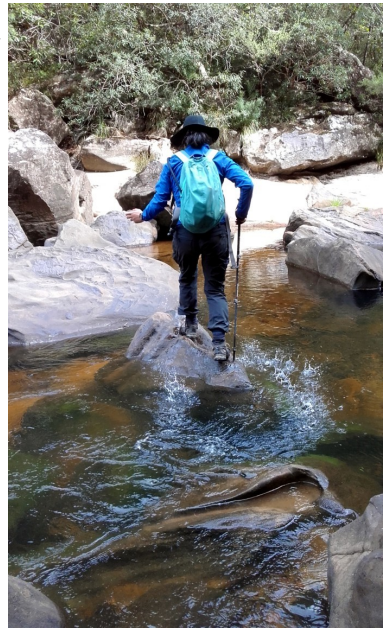
While it was steep going and we needed to make our way around a series of three to four cliff lines, we made good progress and reached the point where I expected that we would be able to commence our final exit. Further discussion led us to move up stream until we encountered a complete wall and no way out. Turning back we followed the contours and found a number of slots that took us very close to where we needed to be. However, each slot



Henry's river crossing  
photo—Nick

we then explored led to either further dead ends, or were too high to scale.

Given the time, was now after 4pm, we decided to cut our losses and attempt a different exit, but that would definitely have meant either walking out in the dark or become benighted! Henry had spotted one final slot on the way and before we retreated he went back to see if it was a negotiable route. It took a little while, but Henry had managed with a little climb to get over the last cliff line blocking our way. And so, with the assistance of a rope we were able to get everyone up and over through what we are now naming "Henry's Pass".



Youjia's river crossing  
photo—Nick

This took us to the top of the ridge I wanted and to an 'old' fire trail, that while again was very overgrown, was passable and we reached the cars just on 6pm when it got dark! Most of us then headed off for a fine meal and refreshments in the Archibald hotel at Kurrajong Heights. Thanks to Jacqui, Charles, Nick, Fiona, and from the Bush Club Robert, Youjia and of course Henry.



L to R Charles, Nick, Jacqui, Liam, Youjia, Robert, Henry, & Fiona  
photo—Charles Bowden

## President's Soapbox

I know it's cold and hard to get out of a warm bed, but now is a great time to be out walking in the bush. The air is clear and it's not so hot, which allows for nice easy walking conditions.

The Winter Program is now available and as you will see we have again produced a great and varied range of activities. We must all thank each of our leaders and I encourage you to do so at every opportunity (as without them we wouldn't have a club!).

Our AGM will be held on Saturday 23 June (followed by the hotly contested photo competition), and I'd like to see you all there. This is an opportunity for you to have a say in the running of your club. Also, if you've ever thought of wanting to be on the committee, please contact me as there are many openings available.

I'd also like to encourage everyone to add some more social outings to the program. It would be great to have a few more restaurant nights and/or other social activities on the calendar, to compliment the ever popular theatre nights.

An interesting observation in our finances is that new members contribute greatly each year to our income (and thus viability). For this reason, please welcome new members with open arms and continue to talk about how wonderful our club is to your friends and acquaintances.

See you in the bush...

Liam Feery  
Acting President

## Welcome to seven New Members

Leah Taylor  
Heran Kim  
Daniel Ip  
Roslyn Johnson  
Heike Koelzow  
Vivian Chien  
Wendy Gao

See you in the bush.....



## PHOTOS

### Devil's Wilderness Blue Mountains National Park 6 May 2018 Grade: Exploratory Leader: Liam Heery

But wait there's more exploration underway!  
Look out for these walks on the program.....



Liam and Freda cross Grose River  
photo—Fiona Bachmann



Paul under cliff overhang  
photo—Fiona

## WALK

### Milsons Point to Wollstonecraft 1 April 2018 Grade: 2 Leader: Denise Kruse



Luna Park Sydney Harbour  
photo—Denise Kruse

What better way to celebrate Easter and the end of daylight saving than with a walk? Eight agreed with me and met me at Milsons Point at 10am for a walk from Milsons Point to Wollstonecraft station. We followed the harbour side track around Lavender Bay over the ridge to Sawmillers Reserve. After a short break we walked over to Waverton Park and Oyster Cove. We then walked around Berry Island and onto Wollstonecraft via the road finishing as promised by 1pm.

The walk was designed as a morning one and we had great weather.

Thanks to those who attended and made it a fun morning – Ed, Lynn, Dave 1 and 2, Molly, Len, Linda and Connie. See you next time.



Easter Walkers at Milsons Point. photo—Denise

# MARATHON WALK

**25 March 2018**

**Grade 5+**

**Co-ordinator: Nick Collins**

The Club's ninth annual 42.2km Marathon Walk returned to a Harbourside course this year. We walked from Manly to St Leonards, via most of the bays and headlands. There were a record eleven starters, and eight of them were still going strong towards the end. An undisciplined breakaway group took a shortcut to the finishing line, and thus clocked up a mere 41km and instant disqualification. So only four official finishers. Well done all to all though!



Honorable discharges awarded to some at the half way mark, photo—Nick Collins



Slowing down a little now, photo—Nick

# WALK

**Waterfall to Heathcote**

**29 April 2018 Grade: 2**

**Leader: Ed Youds**

**Walk Report: Denise Kruse**



Waterfall to Heathcote Group, photo—Denise Kruse

Ed was the leader of this classic walk in the Heathcote National Park. Although we had eleven booked on, by the start of the walk we had seven meeting us at Waterfall Station at

9.36am. This included visitors Quang Ha and MyLinh and new members Leah and Daniel.

After introductions we were off on our adventure, crossing Princes Highway and following Warabin Street to the start of the Bullawarring Track in Heathcote National Park. The Track essentially runs the length of the National Park passing by several waterholes.

We followed the track crossing Heathcote Creek and followed the creek down to Battery Causeway for lunch. The track was well marked but, occasionally challenging. Along the way we admired Kingfisher Pool and other smaller waterholes.

Much to Ed's disappointment the group elected not to do the optional walk to Lake Eckersley but, we assured him we would have if the weather was sunny and warmer.

Following lunch, we walked up the fire service track to the Friendly Trail which led us to the back of the Heathcote Scout Hall and afternoon tea, finishing with plenty of time for the walkers to catch their 3.05pm train.

Thanks to Ed for leading and those who attended: Virginia, visitors Quang Ha and My Linh, Len, Bryan, Leah and Daniel.

Can I ask that if you book onto a walk and can't attend that you advise the leader as soon as possible? Three failed to attend on the day of the walk with no notification.

# TRAVEL

## THREE CAPES WALK

### TASMANIA

#### RAJIV KARNIK

I had not hiked for well over a year, so I was looking for an easier walk to get started again. I went online and found out about the Three Capes Track in Tasmania. Bookings and information are on their website and it is managed by Tasmanian Parks and Wildlife Services. A booking was available for one person in mid-April, so I quickly booked the walk. The link is - <http://www.threecapestrack.com.au>.

I flew to Hobart and then took a bus and reached Port Arthur in the evening. I had booked for the night in an Airbnb and as it was raining the host had very kindly come to the bus stop to pick me up. I had a warm and comfortable night and as it was still raining my host dropped me at the Port Arthur Historic Site. I checked in, had a coffee and walked to the wharf.

On a good day, the boat will take you on a cruise through coves and cliffs in the bay. As it was wet and quite windy we were dropped off directly at Denman's Cove. A short and leisurely walk through woodlands of about two hours, including a break for lunch at the beach, Surveyor's Bay. At Surveyor's Hut, accommodation was very good, with rooms sleeping four or eight with bunk beds and mattresses. I was allocated to an eight person room and we were allocated the same room number for the entire walk. This place had two large kitchen and dining areas with gas cooktops and pots and pans.

There was a large viewing deck outside overlooking Cape Raoul with lovely views. However, the rain, wind and cold kept us mostly indoors in the kitchen area, which had a warm fireplace going. I was carrying dehydrated food, so all it took was boiling hot water in the kettle and enjoying Thai chicken curry and rice. Then cups of tea and chatting with the other walkers.

The ranger gave a talk in the evening about the place, and forecasts for the next couple of days. The advice was that the next day was going to be sunny and the following day wet. So, he suggested that we got to the next hut which was the day two walk, plus do the day three walk to Pilar, on the second day as well.

The huts were full and included quite a few fami-

lies with younger kids. It was a good mix of ages and great company. Then into our sleeping bags for a night's rest. I used the ear plugs that the ranger had handed out, but they did not help much with a couple of loud snorers next to me.



Rajiv's Three Capes Walk

The next day I started early as I planned to do the extended walk. It was a beautiful sunny day, clear skies and a bit cold and windy. Through the eucalyptus forest and heathlands and up to Arthur's Peak and views of lovely views of Munro Bight. Then into the valley and through forest to Munro Hut.

I dropped off my pack, had morning tea of parathas (Indian bread with spinach) and a cup of tea. Took my day pack and started off on the walk to Cape Pilar. This is a scenic walk on an excellent track. Walking on sea cliffs with amazing sea and cliff views. The track meanders with views of Tasman Island and then the last bit to the top of the Blade, which is a sea cliff pushing out towards Tasman Island. I had a long and leisurely break and lunch on top with amazing views all around.

Then return to Munro Hut and a cup of tea after walking about 28 km. Next a treat, an improvised hot shower, after the long walk, in an outdoor bathroom. Today's ranger talk was quite entertaining as he recounted his experiences of commercial fishing in the area. He also talked about the effect of climate change leading to warming of the currents in the area and loss of cold water fish. Dinner was cottage pie from a pack.

Going to the toilet at night, and generally the toilets were a long way away, I startled a rather large brush tailed possum along the way.

The next day turned out to be much better than forecast, and the walk to Retakuna Hut was a short walk. So, I did a side walk to the waterfall along the way, and then went on to the hut. Had hot lunch using one

of my dehydrated packs, and then did another side walk along with a group who had adopted me for the walk. I had a wonderful leisurely day with walks along some amazing views and surrounds.

The evening talk was again interesting, and the ranger showed us her hut and also the spare hut



Rainbow from top of Cape Huay

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used by maintenance staff. This hut was used in the Antarctic base and was shaped like an igloo and made of metal. It felt a bit claustrophobic, and I wondered about people using this hut for days at a time in harsh and cold surroundings. Then I had my dinner of Moroccan Lamb using the last of my packaged meals and into my sleeping bag.

The last morning dawned bright and clear. Breakfast and cup of tea and started on the final day's walk to Cape Huay. Up Mount Fortescue through a beautiful rain forest and on the top with those amazing views. Then I came to the junction with one path leading to Fortescue Bay and the other to the Cape. I left my pack and started walking to the Cape with my day pack. Up and down the cliffs, and had to quickly don my jacket as the rain came in. As it was quite windy, the rain was coming in sideways. I kept going and it

cleared just as I got to the top of Cape Huay. Amazing views again with a rainbow. Had lunch and enjoyed the views, the clean fresh air and the quiet.

Then time to start back, walked to the junction and picked up my pack and then on to Fortescue Bay to catch the return bus to Port Arthur Historic Site. Tired but happy.

I returned to Hobart by bus and stayed overnight in a hotel. Hot long shower and then dinner at a lovely Greek restaurant. Sleep in a warm comfortable bed. Next morning returned to Sydney.

***Thinking about leading a walk, or walking regularly?***

**It is a good idea to have a first aid certificate.**

**ANB will reimburse members for successfully completed first aid courses up to the value of \$120.**



**Please see a committee member for course options.**

# FUNNY PHOTOS

## Can you guess where these photos are?

These are real photos taken without editing or alteration.



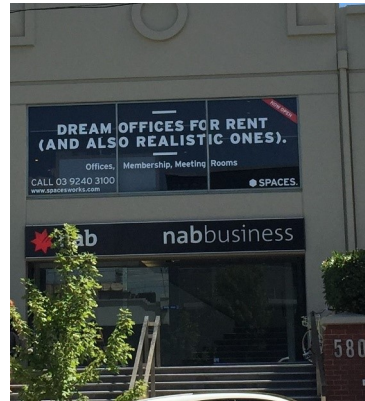
One is locally in New South Wales.

One is in transit to a place much further south.



Last edition's photos were;.....

- Bunnings Alexandria, Sydney price mark-down from \$9.98 to \$10.00!
- Dream and Realistic offices in Church Street Richmond, Melbourne



### Editor's Note

If you have any Funny Photos to submit for the next edition send them to;  
[editor@anwalkers.org.au](mailto:editor@anwalkers.org.au)

They should be unedited real sightings, preferably on a walk or travelling, but anywhere, and in good taste that everyone can enjoy!  
Such as this busker spotted in Hyde Park Sydney...





**New Car reimbursement rate to be effective from the commencement of the Winter program on 1 June 2018**



The car pool cost is 35¢ per kilometre (for all cars plus any other reasonable costs, e.g. National Park entry OR road toll fees). This cost is shared equally between everybody. The walk leader's decision will be final. The easiest way to divide the money is for each person (including drivers) to pay their share into a pool and then the drivers take equal shares. This ensures fair payments. Rounding at any stage of calculation to nearest whole dollar is customary to simplify change owing.

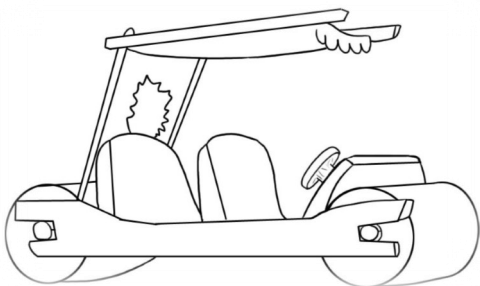
**Example**

- There are 3 cars and 10 participants
- one car with a driver plus 1 passenger and two cars, each with a driver and 3 passengers
- The cars make a total round trip of 150 km

The cost is computed as follows:

150km x 3 cars = 450km (total distance travelled by 3 cars) x 35¢/km = \$157.50, rounded up to \$160.00. There are 10 participants (including drivers) therefore \$160.00/10 = \$16.00, paid by each participant, and divided equally between the three drivers (\$53.33 to each driver).

If the round trip is greater than 300km the driver is to agree with the passengers (prior to departure) what rate is to be used, which should be lower than 35¢/km



*We need you!*



*Calling all members who have wondered how they could help the club. The committee of the All Nations Bushwalkers must be elected every year. It would be great to have some new people join the committee who may be able to inject fresh ideas and are enthusiastic in wanting to help the club continue and grow for another fifty years.*

*There are seven positions on the committee that are all up for grabs each year at the AGM. .*

*To see what each committee member is responsible for please visit this link <http://www.anbwalkers.org.au/node/256>*

*or*

*alternatively just contact the current position or acting position holder via this link. <http://www.anbwalkers.org.au/node/52> and ask them about their role.*

Advanced notice

## FOR THE DIARY

Annual General Meeting

Come and join us

**Saturday 23rd June 2018**

9:30am

Woodstock Community Centre

Burwood

Bring: A plate of morning tea to share

**Tea and Coffee will be provided**

**Come and have a say in your club**

**You could even join the committee**

&

**There will be a photo competition  
with prizes**

## PHOTOGRAPHIC COMPETITION to be held at the AGM

**Photos: Any size, in colour or black & white, and taken by you since the last AGM.**

### Categories are:

**Nature** taken on a club activity

**People** taken on a club activity

**Open** any subject, taken anywhere in the World

- Four *entries per category for a viable competition.*
  - *If insufficient entries in a category then the entries will be included in the "Open" section*
- Sorry, only one entry per person per category.*

### How to Enter:

Open to all club members who attend the AGM

To be entered on the back of photo:

- Category
- your name
- when taken
- where taken

On arrival at the AGM, hand your entry to the co-coordinator

### Prizes:

A first and second prize in each category;

First prize \$25 with a certificate

Second prize \$15 with a certificate



**KEEP  
CALM  
AND  
WRITE  
ON**

DEADLINE FOR NEXT ISSUE -

3rd August 2018

SEND YOUR CONTRIBUTIONS TO  
**editor@anwalkers.org.au**

**Pictures submitted: 300DPI resolution preferred to achieve good reproduction quality and photos should be separate files from the story text.**

A quote " There are two kinds of people, those who do the work and those who take the credit. Try to be in the first group: there is less competition there.—Indira Thandi