



**all nations**  
BUSHWALKERS INC



**Spring Newsletter**  
**September 2017**

PO Box Q23 Queen Victoria Building,  
Sydney NSW 1230  
<http://anbwalkers.org.au/>



NEWSLETTER OF ALL NATIONS BUSHWALKERS INC • FORMERLY ANC BUSHWALKERS INC & ALL NATIONS CLUB WALKABOUT GROUP • FOUNDED 1964 • INCORPORATED 1992

## WALK

### Nepean Gorge via Mulgoa Trig Blue Mountains National Park 30 April 2017

Grade 3

Leader: Charles Bowden

Opening this popular walk to Meetup resulted in a gratifyingly large number of bookings. There were some initial concerns over numbers being limited by car availability, but in the end there were sufficient vehicles to transport everyone. For the statistically minded, 31 people came along in a 10 vehicle convoy, both records for a walk I have led.

The weather forecast no doubt contributed to the high acceptance rate as we had fine sunny weather with the temperature hovering around 23°C most of the day.

The walk got off to a hesitant start when a NPWS ranger waiting at the entrance gate informed me that this section of the park was actually closed, apparently since Easter, while road grading and maintenance was being undertaken. Perhaps our sheer numbers won her over as she radioed the works foreman who gave approval for us to proceed. Whatever the case, I was very grateful for the ranger's understanding and the work crew's co-operation as the prospect of relocating elsewhere would have been daunting.

After taking in the sights of the Nepean River and the Blue Mountains National Park beyond, from the Rock and Ravine lookouts, we encountered our first machine, a large roller, on our way to Riley's Mountain lookout. We avoided being flattened and enjoyed the panoramic vista from the lookout before dodging a bulldozer to reach the Nepean Narrows lookout.

At this juncture another hiccup occurred when the slot & ledge descents to the track below proved to be a little too challenging for some. The group was split into two, with Len & Catharina kindly offering to lead the smaller group of a dozen by a different route using fire trails while the rest made the off track descent.

After lunch the two groups merged again back at Riley's Mountain lookout, where the vista took on the warmer hues of the setting sun. It was then a stroll back to the cars along the freshly graded and widened fire trails.

Many thanks to everyone who came along, and my especial gratitude to the drivers who contributed the carpool, including Nicki and George from Meetup.



# WALK

## Waterfall to Heathcote

25 June 2017      Grade 3

Leader: Ed Youds

Written by Denise Kruse

Ed picked this classic walk to showcase the beauty of the Royal National Park. Although we had a public transport glitch (no trains) we all managed to meet in the Heathcote train station car park to catch the rail bus to Waterfall, arriving just after 10am.



The Group on Uloola Track Trail

After a photoshoot or two we followed the Uloola Track down to the stunning Karloo Track for lunch. Unfortunately, Ed twisted his ankle just prior to arriving. Fortunately, Saf was on hand to render first aid and strapped the ankle up. Ed was able to hobble up Heathcote Brook back to the cars at Heathcote.

I missed the dramas as I was last person!!! But I did admire the strapping at lunchtime.

The walk would be a great spring/summer walk as it is on well-marked tracks with a swimming opportunity.

Thanks to those who joined us and provided emotional support to Ed. He has a torn ligament but will live to fight another day. Thanks to Françoise, Bryan, Neil, Saf, Jan, Deidre, Susan, Yasemin, Carrie, Deb and Lynn for joining us, and sorry the walk was cut short.



## PRESIDENT'S SOAPBOX

*We Need You!!*



**This is the usual section for the President's Soapbox.**

**All Nations Bushwalkers needs a**

**President**

**to fill this gap.....**

**If interested contact the ANB Committee.**

[club@anbwalkers.org.au](mailto:club@anbwalkers.org.au)

*Many thanks to Charles Bowden for his service as President and ongoing support of ANB activities.*

# WALK

## **Bondi To Rose Bay** **30 July 2017**      **Grade 2** **Leader: Denise Kruse**

How else could we celebrate the 26 degree winter's day, but by doing a coastal walk? Of course when I put on the walk I didn't know I would be so lucky on the day!

After a public transport mix up, we eventually all met up to start the walk proper. We followed the streets and coastal walk from Bondi to Watsons Bay, covering 9 km in about 2 hours. Although we were hopeful of spotting some whales we weren't so lucky, but did admire some lovely homes and harbour views instead.

Because we were moving crisply we went past the planned lunch spot at Christison Park and continued on to The Gap and Watsons Bay.

Arriving early at Watsons Bay gave us an opportunity for an unsurveyed and unplanned additional walk to South Head, and return for fish and chips at the Watsons Bay wharf. Ed was going to meet us at Watsons Bay for the afternoon walk (he has injured his ankle) but was unable to make it. So, undeterred we set off for the walk to Rose Bay via Parsley Bay and Vaucluse Point arriving at Rose Bay just after 4pm. Along the way we saw Vaucluse and Strickland Houses.

Thanks to Michelle and Sandie for their co leadership and to Charbèle for future walk suggestions.

Hope to see you all soon and thanks for the day out – Molly, Cath, Michelle, Trevor, Sandie, Julie, Margaret, Stephen, Pan, Len, Charbèle, Linda and Trang.



Group Walkers Bondi to Rose Bay

## **Welcome to 7 New Members**

Nick Bourlioufas  
Yasemin Gursen  
Deborah Blair  
Catherine Chase  
Francesco Stolfi  
Jenny Chung  
Alex Furguson

## **See you in the bush**



**Next ANB committee meeting**  
**Tuesday 24th October 2017 at 6:30pm**

**Surry Hills**

*All members are welcome ...  
Come along and have your say*

*To book in or ask questions please contact webmaster  
Paul Monaghan  
Or email [club@anbwalkers.org.au](mailto:club@anbwalkers.org.au)*

# TRAVEL MY KIMBERLEY EXPERIENCE SUSEELA DURVASULA

In May and June this year I was fortunate enough to spend seven weeks living and working in Broome, Western Australia. I was nominated by my work to participate in the Jawun program. Jawun is a not-for-profit organisation which partners with government and the corporate sector to develop greater self-sufficiency for Indigenous people and their communities.

My placement was based in Broome, West Kimberley and I was seconded to work for the Kimberley Land Council.

## Some Kimberley facts and figures

- Population ~ 40,000
- Six main townships: Broome, Derby, Fitzroy Crossing, Halls Creek, Kununurra and Wyndham, and 200 small Indigenous communities
- Permanent population of Broome ~ 17,000, but this almost doubles in the dry season when tourists and 'grey nomads' flock to the area
- About half the population identify as Indigenous, representing more than 30 traditional Aboriginal language groups
- The Kimberley is more than three times the area of Victoria

## My secondment

My project was to develop guidelines on Free, Prior and Informed Consent for carbon abatement projects. The main carbon project in northern Australia is early cool fire burning to reduce bushfires later in the dry season. Indigenous communities have been able to claim carbon credits for this under the Australian Government's Emissions Reduction Fund. I had to learn a whole lot about native title and carbon farming in a short period of time.

It's hard to sum up my experience in limited words, but here are some highlights:

## Induction week

Induction week was an opportunity to bond with the thirteen other secondees from different organisations (private and government) around Australia. Despite our differences in ages and backgrounds we managed to work together and bond during the secondment, although living with a group of strangers can have its challenges.

## 4WD training

As part of our induction week training we had 4WD training. I was a bit nervous about this, not having done any before. Charles kindly gave me a lesson in his car before I left. As it turned out, it was more fun than I expected. We had to negotiate corrugations, dust (the red dust is everywhere), rocky terrain and sand hills. Afterwards we put our skills to the test driving to the Dampier Peninsula.

## The Dampier Peninsula

The highlight of the induction week was the camping trip to the Dampier Peninsula. I'm not really a camping person, but the locations were so beautiful and the weather was so suited to camping (warm and dry) that I really enjoyed it. Our campsite at Kooljaman overlooked the sea and we were treated to some spectacular sunrises and sunsets over the ocean. Driving to the Dampier Peninsula is an adventure in itself, as most of the road is corrugated dusty red dirt.

We went mud crabbing with a local Indigenous guide. He caught two mud crabs which we cooked over an open fire (poor crabs – one of them wasn't quite dead when it hit the fire).



Cooking crabs

## Excursions

I tried to get out and about on weekends to explore. As the distances were so huge, flying was a good (if expensive option). One weekend I did a seaplane flight to the Horizontal Falls north east of Broome

via the Dampier Peninsula and the Buccaneer Archipelago. After landing on a pontoon in the middle of nowhere, you get taken out on a speedboat to see the tidal surge of water (it's not really waterfalls).

The landscape was stunning and very different to Broome, which is sandy, flat and coastal. Here it was mountainous and rocky. Photos don't really do it justice. It gave me a sense of how vast and diverse the Kimberley is. It took us 1 hour 20 minutes to fly there and 1 hour to fly back – about the same time as flying Sydney to Melbourne return in a day.

### Fitzroy Crossing

Another weekend we visited two other secondees based at Fitzroy Crossing, about four hours east of Broome. We stayed at the Marninwarntikura Fitzroy Women's Resource Centre. Marnin was set up by women in the Fitzroy Valley to support women experiencing domestic violence, family breakdown and trauma. Next door is the Marnin Arts studio where we had a private block painting class with one of the local artists.



Suseela block painting at Marnin

Other highlights at Fitzroy Crossing included visiting Geike Gorge, a scenic flight over the Fitzroy Valley in a six-seater, and a trip to Tunnel Creek, a limestone cave that was part of an ancient reef system. You have to walk and wade through an 800-metre tunnel that still has a creek flowing through it. Getting there on the dirt road was half the fun and we had our first proper water crossing in a 4WD.

After my secondment I spent another week travelling back to Fitzroy Crossing, Halls Creek and the wonderful Bungle Bungles (Purnululu National Park), which

were only discovered by Europeans in 1985. A highlight was doing some wonderful walks through the Bungles, then a helicopter flight over them



Bungle Bungles from the air

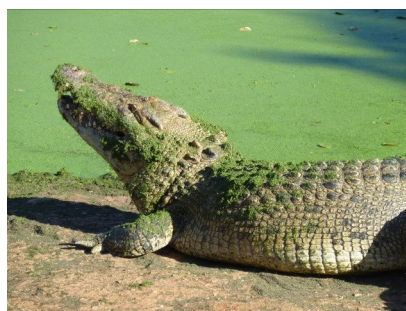
### Engagement with Indigenous Australians

One of the best aspects of the secondment was the opportunity to have contact with the Indigenous people of the Kimberley. We met many Indigenous leaders who readily shared with us their hopes, frustrations and vision for their people and their land.

In Broome we went to an exhibition called *Beyond the Common Gate* to mark the 1967 referendum. It told the stories of Broome residents who were excluded from the town boundaries unless they had special permits. Aboriginal and Asian people were forbidden from marrying. One of the elders told us he couldn't enter Broome without a permit even though he had served with the Australian army.

I learnt there is a lot of positive work being done to address the disadvantages faced by Indigenous people in the Kimberley. For example, the Indigenous ranger program allows people to look after country, provides connection to the land, meaningful employment and environmental sustainability. Many young Indigenous people aspire to be rangers. In the Kimberley, 80% of the land is under native title and many people still practice traditional hunting and fishing and practices and regularly return to their country.

It was a wonderful experience and a great opportunity to see a unique, remote part of Australia.



# ANB AGM PHOTO COMPETITION



Nature Category 1st prize Paul Monaghan (left), 2nd Steve Bamford



1st Prize Nature—Kookaburra by Paul



2nd Prize Nature—Spider from North Head Walk by Steve



Open Category 1st prize Paul Monaghan , 2nd Françoise Munoz



1st Prize Open—Hawksbill Turtle by Paul



2nd Prize Open—Vivid by Françoise



People Category 1st prize Fiona Bachmann, 2nd Paul Monaghan

# ANB COMMITTEE MEMBERS 2017/18

## Our New Committee for 2017/2018

<b>President</b>	<b>Could be YOU!</b>
<b>Secretary</b>	<b>Suseela Durvasula</b>
<b>Treasurer</b>	<b>Helen Hindin</b>
<b>Membership Enquiries Officer</b>	<b>Denise Kruse</b>
<b>Newsletter Editor</b>	<b>Fiona Bachmann</b>
<b>Programme Co-ordinator</b>	<b>Liam Heery</b>
<b>Webmaster</b>	<b>Paul Monaghan</b>



1st Prize People—Cowan - Taffy Lookout Walk Sept '16 by Fiona



Committee members left to right Denise, Fiona, Liam, Paul, Helen, absent Suseela (see below)



2nd Prize People—Charles Bowden by Paul



Suseela

# TRAVEL

## CANAL WALKING UK

### ANDREW MCRAE

Recently I had the opportunity to undertake a six month work assignment in London. In spite of the fact this assignment covered the winter months, I was able to explore much of London. One of my regular outings was canal walking.

Canals used to be the lifeblood of English commerce, with over 90% of goods being transported across the large network of canals, locks and waterways that criss-cross London and southern England. With the advent of rail transport, and alternative commercial transport, the canals gradually fell out of use. Now they are mostly used for recreation, and there is a lively canal boat tourism industry, with brightly painted canal boats for hire.

In some areas houseboats are a common sight, providing a recently trendy accommodation option in a very expensive city (indeed a famous example is Richard Branson, who lived in a houseboat in Little Venice, and is now renting it out for \$1500 a week).

Canals usually have a tow-path beside them to allow horses to draw the canal barges, and this makes for a ready-made walking path following the canal, where one can take in the sights along the canal. One of my favourite outings was to walk the length of Regents Canal, a 14km canal that arcs across northern London, from Limehouse Basin on the Thames, through Kings Cross and Camden, through Regents Park, and ending at Little Venice, next to Paddington Railway Station.



English bird with anti-freeze feet!?!

It was a cold but bright January day, with plenty of blue sky and frozen canal to enjoy. Limehouse Basin was a major transit point for the canal, where shipping from the Thames could transfer goods to barges for transport via the canal. There is now a marina and many apartments, part of the overall Docklands redevelopment. Along the way there are several locks and overbridges, and the tow-path is a popular attraction for joggers and walkers of all types. Birds such as ducks, geese, grey herons, coots and moorhens can be spotted in many sections. The more amusing part of having a couple of inches of ice on top of the canal is the sight of these birds walking across the top of the water instead of swimming. I am sure English water birds have anti-freeze in their feet, at least more so than humans.

At Islington the canal enters a tunnel, and there is no tow-path, so the walker must navigate through the streets for about 1.5kms, following some path markers that are sometimes few and far between. There are various basins and larger ponds that are often used for canal boat mooring. There are even some canal boats that have been converted into shops



Word on the Water bookshop

At Kings Cross there is a canal museum, showing the history of the canal, along with many exhibits. One of the more famous locks along Regents Canal is Camden Locks, which is part of a very lively market and restaurant area, well known for its colourful buildings, market stalls, tattoo parlours etc.

From Camden, the canal enters the very upmarket Primrose Hill area, and skirts on the edge of Regents Park, which contains London Zoo (the enclosures of which can be seen from the path).

Near the western section of Regents Park the canal is bordered by a series of wonderful historic mansions





Regents Park

that overlook the canal. The section between Regents Park and Little Venice tends to be a little wider, and so is lined by canal boats used as houseboats, with their own moorings, often with gardens next to them. This section is also relatively close to the famous Abbey Road studios, and it is worth a diversion past the famous Lord's Cricket Ground to take an iconic photo mirroring the Beatles at the nearby zebra crossing, all the while dodging the local taxis and traffic who are cursing the large number of tourists standing in the middle of the busy road taking photos.

Little Venice is considered the official end of Regents Canal, though other canals join into the Paddington Basin which is adjacent to Little Venice and Paddington Railway Station, providing a very convenient terminus for whatever bus or tube is needed to get you back home. Or even better, take some recovery at one of the many cosy and warm London pubs, and enjoy a well-earned fine English cask ale.



Camden Locks

# ROGAINE

**Lake Macquarie**  
**5 August 2017**      **Grade 3-5**  
**Co-ordinator: Charles Bowden**



Strategic Planning—photo Alison Lyon

As frequently happens, the title can be misleading. This year's Lake Macquarie rogaine was actually held in the Watagans, in sections of the Watagan State Forest and Jilliby State Conservation Area, although we did catch glimpses of portions of the lake from ridges that we traversed. We were fortunate that we had a wonderfully clear sunny day so that the distant views were sharp and clear.

There were four of us in the sole ANB team entered for this event under the sobriquet of Ezybeats. Thanks to some inspired pre-race strategic planning, we had a successful day out and managed to score 790 points which saw us come 6<sup>th</sup> (out of 24) in the Mixed Veteran category and 26<sup>th</sup> overall (out of 109 teams). Considering that it was a Mixed Veteran team that took out the overall competition it was a noteworthy effort by the (not so) Ezybeats.

Many thanks to John, Alison and Andrew for joining me for a very enjoyable outing in particularly pleasant forested countryside.



Getting Ready—photo Charles Bowden

# FUNNY PHOTOS

Can you guess where and what these photos are?

These are real photos taken without editing or alteration.

Both are Australasian.



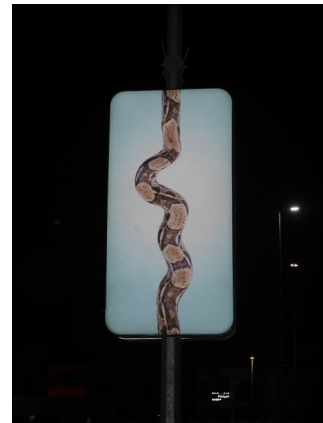
Send your answers to [editor@anwalkers.org.au](mailto:editor@anwalkers.org.au) by the next newsletter deadline.

All will be revealed next edition!

Last edition's photos were, firstly, of a misprinted sign in Pitt Street Sydney, near the corner of Liverpool Street



The second photo was taken in Abu Dhabi.



*Editor's Note*

If you have any Funny Photos to submit for the next edition send them to; [editor@anwalkers.org.au](mailto:editor@anwalkers.org.au)

They should be unedited real sightings, preferably on a walk or travelling, but anywhere, and in good taste that everyone can enjoy!  
Such as this busker spotted in Hyde Park Sydney...



# WALK

## Meadowbank to Parramatta 6 August 2017      Grade 2 Leader: Julie Armstrong

To provide a different aspect on this favourite walk, we set off across the walking bridge over the Parramatta River from Meadowbank to Rhodes. This old railway bridge has been converted to a walking bridge, and is popular with walkers and bike riders. The bridge will shortly have lights installed for safe use at night.

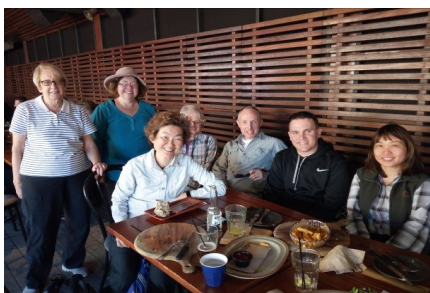
When we reached the Rhodes side I apologised and told my fellow walkers that we would have to cross back over the bridge, as I didn't know the way along the river through Rhodes. Anthony advised that he had walked this previously and knew the way. So, setting off with Anthony as newly installed co-leader we marvelled at the number of apartments now at Rhodes, and the new suburb Wentworth Point across the newly opened 'walking and buses only' bridge. This way we missed the walk beside Meadowbank Park, the mangrove boardwalk and a few streets through Meadowbank and Melrose Park.

After a quick toilet break at Olympic Park ferry station we walked on to The Armory for morning tea. Next came Silverwater Bridge, where we crossed back to the north side of the river and walked on to Rydalmere. We were pleasantly surprised to find the new walkway recently completed, which means you no longer need to walk through the industrial area of Rydalmere to reach Parramatta.

Reaching Parramatta City, we crossed the Gasworks Bridge to the south-side of the river and reached our lunch destination, the Albion Hotel.

Big news for Parramatta last week; it was announced that the Powerhouse Museum is definitely moving to Parramatta, to a new building, to be erected on the site that is currently the old David Jones car park.

A big thank you to the walkers that joined me on this walk, visitors Alex and Evelyn, and members Jan, Cathy, Margaret, Anthony and Virginia, and Sharyn who joined us for lunch.



Albion Hotel, Parramatta, for lunch



## All Nations Bushwalkers

Has a

*Code of Conduct*

<http://anwalkers.org.au/node/1404>

**Setting out the social norms, and responsibilities, of all members, visitors and the club.**

**Members have a right to be treated with respect by the club and members.**

**Members should treat members and guests with respect and courtesy.**

Please :

- **Be on time**
- **Don't assume a group will wait for you**
- **Follow the walk leader's directions**
- **Bring the right gear for each walk**

## Daylight Savings Time

Starts in NSW on

**1st October 2017**

Move your clocks forward 1 hour from 2:00am

Note: Western Australia, Queensland, and Northern Territory don't use daylight savings.



### Change of Details

Don't forget to notify our Treasurer  
Helen Hindin of any of the following:

- change in address
- email address
- phone numbers

email us at: [club@anwalkers.org.au](mailto:club@anwalkers.org.au)

To change your details on the website you  
need to make the alterations yourself.

DEADLINE FOR NEXT ISSUE -

3rd November 2017

SEND YOUR CONTRIBUTIONS TO  
[editor@anwalkers.org.au](mailto:editor@anwalkers.org.au)

**Pictures submitted: 300DPI resolution preferred to achieve good reproduction quality and photos should be separate files from the story text.**

A quote "It is easier to go down a hill than up, but the view is from the top." Arnold Bennett (1867-1931)