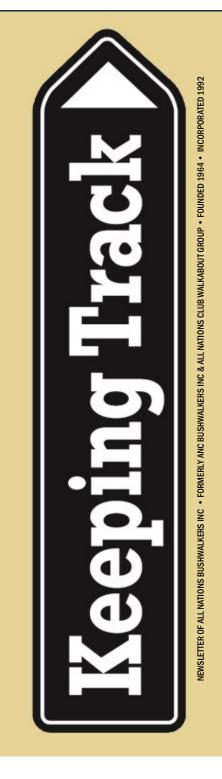


Spring Newsletter September 2016

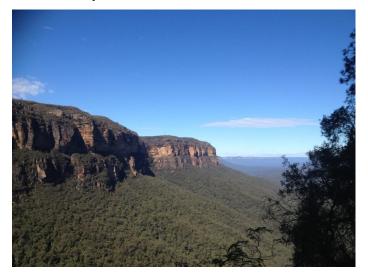
PO Box Q23 Queen Victoria Building, Sydney NSW 1230 http://anbwalkers.org.au/



WALK

Wentworth Falls and Slacks Stairs 31 July 2016 Grade 4 Leader: Denise Kruse

What better way to finish July than with a walk in the glorious Blue Mountains. We had ten join Ed and I on our Wentworth Falls Walk. Ed and



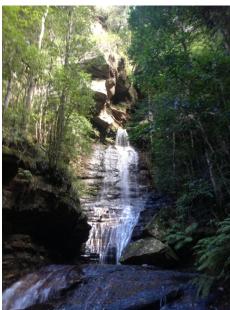
Charles, Liam, Bryan and Diane, with visitors Deb and Jan, walked down from Conservation Hut to Wentworth Falls. Return was via Slacks Stairs, on what was supposed to be a grade four walk, but it seemed to morph into a grade three.

I led Margaret, Linda, Catharina and visitor Robina down to National Pass with a return to conservation hut via Slacks Stairs. In keeping with our grade 3 status, we were having a relaxing lunch at the bottom of

Wentworth Falls when who should we meet but Ed and his group. Hmmm, shortening their walk and moving much faster than us obviously. After scoring some treats from Liam they were off and then so were we to try to beat them to Conservation Hut.

Sadly they won (not that we were being competitive) but only by 10 minutes, and managed to score the remaining scones. After a relaxing afternoon tea we bid farewell for the trip back home.

Thanks to everyone for making it a great day and thanks to the visitors for joining us. The day was sunny, but a little too crowded with all the tourists.



President's Soapbox

The Club's Annual General Meeting took place on Sunday 26 June and a new Committee has been elected for the next 12 months. The positions filled were Membership Enquiries Officer (Yuko Imai), Webmaster (Paul Monaghan), Programme Co-coordinator (Liam Heery), Treasurer (Helen Hindin), Secretary (Catharina Muller) and President (Charles Bowden).

Although the position remained vacant at the AGM, it is now my pleasure to announce that Fiona Bachmann has agreed to take over as Editor. In welcoming Fiona to the Committee, I would urge all Members to help her ease into the role by providing plenty of material for her to incorporate in future issues of Keeping Track.

I would also like to take this opportunity of thanking Jan Steven on behalf of the Club for her tireless efforts as Editor for the past 10 years. The Club has been very fortunate to benefit from Jan's enthusiasm and publishing nous in producing <u>Keeping Track</u> to a high standard including managing the transition to its present online format.

On another positive note, Burwood Council have finished restoring the ground floor of Woodstock Community Centre. The first floor is still being renovated but the club can now go back to Woodstock to hold its meetings. By the time you read this we will have held a "Return to Woodstock" Club Night in the newly opened Scholes Room. Many thanks to our indefatigable Club Secretary Catharina for initiating this. I for one look forward to no blaring interruptions by PA system announcements... and to being able to turn off the lights!

Lastly, a reminder to all that the Club's programme of activities is dynamic, not static, and changes will and do occur from week to week. So please ensure that you check it out on our website on a regular basis for changes, additions or replacements. And always contact the relevant leader to book a place or if you have any queries. Thank you once again to all our Members who contribute activities to the programme and I hope that we will see more contributors as we head towards Spring and Summer.





L-R Liam, Charles, Paul, Helen, Catharina, below left Fiona, below right Yuko



Our New Committee for 2016/2017

President	Charles Bowden
Secretary	Catharina Muller
Treasurer	Helen Hindin
Programme Co-ordinator	Liam Heery
Membership Enquiries Officer	Yuko Imai
Newsletter Editor	Fiona Bachmann
Webmaster	Paul Monaghan

Next ANB committee meeting Tuesday 8th November 2016 at 6:30pm

Woodstock Community Centre

Burwood

22 Church Street Burwood

THE ALL NATIONS PHOTO COMPETITION



Happy winners of the 2016 Photo Competition



These were voted as the best pictures by our members at the

All entry photos can be viewed on the

You can start taking photos now for next year's competition.

club's website.

1st People—Meiha Cheung

AGM.

1st Nature Paul Monaghan



2nd Nature—Charles Bowden



1st Other—Jan Steven



2nd People Michelle Mawer



2nd Other Paul Monaghan

WALK

Mt Banks Excursion 12 June 2016 Grade 3 Leader: Charles Bowden

When it's a fine sunny day as it was on this occasion, this walk on the northern edge of Blue Mountains National Park offers stunning views over the Grose River & Govett Creek Gorges including Blue Gum Forest. Aside from being able to discern notable local prominences such as Mt Hay and Lockley Pylon, the air was so clear that we could see the falls at Govett's Leap and even the tall buildings at Chatswood through a gap in Explorers Range.



Dwarfed

While I was unable to find the route into David Crevasse that I had used previously due to extensive bush regrowth, finding the now very faint and obscured track to a viewing spot on Frank Hurley Head made up for it in some measure.

Thank you to Meiha, Robert, Sarah, Gordana, Nick, Michele, Jasmin, Karin, Liam and Jacqui for revelling in the sunlight with me.



Around King George trig point



We go that way!



Meditation Rock



Grose & Govett Gorges

WANTED: WALK LEADERS

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Your Club needs more walk leaders

For a range of reasons such as, injury, retirement, work commitments or relocation, the Club's pool of walk leaders has diminished significantly over the past 12 months. This has placed increasing pressure on remaining walk leaders to put on more activities. Unfortunately, this is not a sustainable situation and the Activities Program will begin to suffer with gaps appearing, unless additional walk leaders join in.

Leading a walk is a great way to get to meet and know your fellow members as well as encouraging visitors to join the Club. You also get the pleasure and satisfaction of introducing people to favourite haunts and locations in and around the parks and reserves that surround Sydney.

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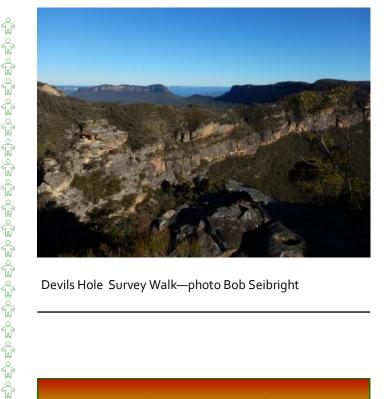
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If you are interested in leading walks but are uncertain how to go about it, please contact our Program Co-ordinator, Liam, or Club President, Charles, for advice and guidance. Otherwise, if you have the knowledge and confidence, please contribute to the Club's Activities Program. You don't need to wait for the next quarter, short notice walks can be placed on the Program at any time!

You can add an activity logging into the ANB website. Go to the 'For members' section and select 'Create Content', then 'Activity' and input all the activity details.

Or once logged on try; http://www.anbwalkers.org.au/node/add/ activity

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Devils Hole Survey Walk-photo Bob Seibright

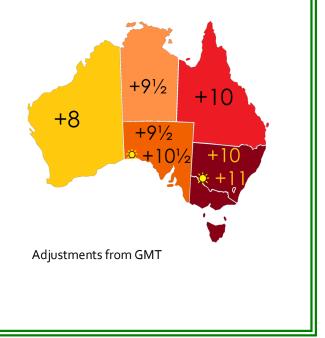
REMINDER!

Daylight Savings

in NSW starts on

Sunday 2nd October 2016

And concludes on 2nd April 2017



TRAVEL FRANCE

I made it to Paris, via a flight change at Abu Dhabi, where I laughed at the smoking rooms. By then I was just over the shock of Australian Security confiscating my Vegemite tube. For reference a Vegemite tube is 145g, i.e. over the 100ml carry on limit – doh!

French customs were so easy compared to Australia, and I was quite excited to be in France for the first time. I was to meet up with my cousin Peter and another friend Gabi, who were flying from Adelaide, via Dubai, arriving an hour ahead of me.

I messaged Peter and rang him twice. I heard nothing. I checked with the arrivals desk that his and Gabi's flight wasn't delayed. It came into a different area, so I headed there.

After nearly an hour I got a text from Peter saying, bad news he had misplaced his passport and couldn't fly. He will have to reschedule a flight. Gabi had gone without him, but wasn't flying until tonight, and would not be there until 1.30pm on 2nd Oct. I was already there on October 1st. Seems I interpreted October 1st as the arrival date and Peter the departure date. Project management lesson one communicate and don't assume anything!

So that left me alone in a foreign city without accommodation. I used the airport Wi-Fi to book a room, got a tourist map, and caught the airport bus to the city. I thought I could walk the few blocks shown on the tourist map. It was a walking trip after all. I learnt that tourist maps are <u>not</u> to scale. I couldn't find the hotel, so gave the address to a taxi. After arriving at 2.30pm, clearing customs, and getting bags by 3.45pm, I finally got to a hotel at ~9pm!

The hotel was dodgy, not at all like the Hostel World picture. I couldn't get into the room. Reception had to help open the door. I locked the room to go out for food, and the key broke in the lock, with the door locked. The staff tried to fix it, but I had to wait until morning, for them to change the lock. Without key and security I couldn't leave the room. I showered and ate the popcorn snack from the plane, I was trying to avoid. The shower was in the same room as the toilet and basin. There was a change over lever to divert the shower water from the hand basin. Unfortunately the lever was much worn and I had to hold the lever with one hand and the shower head with the other, leaving soap an optional extra. After a bit of a sleep in, I declined to utilise their late check out. Late checkout was one of the reasons for my selecting this booking. That and it was called Hotel Lorraine, the name of one of my aunts, as I had not much else as a yardstick. Predominantly I was too frugal.

I had a day to amuse myself, around Paris. Despite not finding anywhere to leave my pack I made the most of this famous city. I started with a coffee, and dismayed the waiter by not requesting a croissant. Then I started riding the Metro to view the Eiffel Tower, Arc de Triomphe, Notre Dame and outside of The Louvre. The Metro is numbered and colour coded. Lines are straight and intersect with other rail lines, with trains every few minutes, allowing fairly easy mobility.



Arc De Triomphe, place Charles de Gaulle

I could not understand all the pronunciations, but could read the names on the maps and stations.

I was very happy to later find Gabi and the Air BnB accommodation she had arranged in Levallois. We were six stories up with only stair access. Good practice for the coming Camino.

The next day Gabi and I worked out the outer train network and made our way to Giverny and Monet's Garden. The transport between the regional train station and Monet's house is via a small train like one out of the circus. No seatbelts, and we were held in by a plastic 'safety' chain. I was beginning to learn that Europe is not as fussed about OHS as Australia is. Monet's Garden was beautiful, and a photographer's delight. They were extraordinary examples of what I previously viewed as ordinary plants. The artist's house is also open to view, and an insight into his tastes and nineteenth century life. Of course there was a gift shop, and Gabi particularly took offence at the volume of items that can be commercialised. Admittedly there seemed nowhere a waterlily couldn't be reprinted! One shouldn't forget that Monet's impressionist work was also much broader. We couldn't recommend the so called impressionist exhibition also happening in the town, but the local market fair did look good. We boarded the last silly circus train back to the real train station, and crammed in with the rest of the tourists and locals on the busy regional line. We then connected with the Metro line, and managed later to find my cousin Peter.

With three weary travellers in a one bedroom Airbnb apartment, I scored the couch. It really was no prob-



Monet's garden view from his house

lem, as I was in Paris and tomorrow we had a day to explore one of the most famous cities in the world, before hiking across one of the most famously visited countries in the world.....



OTHER WALK STORIES

LINKS BY PAUL MA

If you haven't read one of Paul Ma's blogs you are missing out on much detail of maps, directions and photos. Here are some examples......

2015-09 Wollemi NP, Deception Canyon & Nobles Canyon

http://mntviews.blogspot.com.au/2015/09/deceptionnobles-canyon-wollemi-np-nsw.html

2015-08 Blue Mts, Rennies Tunnel <u>http://mntviews.blogspot.com.au/2015/08/rennies-</u> tunnel-nsw-blue-mts-australia.html

2015-07 Blue Mts, Bleichert Ropeway http://mntviews.blogspot.com.au/2015/07/bleichertropeway-nsw-blue-mts-australia.html



Predators on Bob's Devil's Hole Survey Walk



FUNNY PHOTOS

Here is a section that is new to Keeping Track.

These are real photos taken without editing or alteration.



One is locally in Sydney. One is far away.

Can you guess where they are?



Send your answers to editor@anbwalkers.org.au by the next newsletter deadline.

All will be revealed next edition!

Welcome to 5 New Members

Linda Park Alison Hart Mary Evans Lynn Jones Jan Brownie

See you in the bush

Editor's Note If you have any submissions of Funny Photos for the next edition send them to; editor@anbwalkers.org.au

They should be unedited real sightings, preferably on a walk or travelling, but anywhere, and in good taste that everyone can enjoy! Such as this busker spotted in Hyde Park Sydney...









SEND YOUR CONTRIBUTIONS TO editor@anbwalkers.org.au

Pictures submitted: 300DPI resolution preferred to achieve good reproduction quality and photos should be separate files from the story text.

email address

phone numbers

email us at: club@anbwalkers.org.au

To change your details on the website you

need to make the alterations yourself.

WALK

The Goods Line & Barangaroo Reserve 13 August 2016 Grade 1 Leader: Julie Armstrong

Our walkers went down from nine to four overnight. With two visitors otherwise engaged on the day of the walk, someone too tired, and two others unfortunately not well. The valiant four who made the walk finally set off along "The Goods Line" which is Sydney's answer to New York's "High Line", that I was fortunate enough to be able to walk when I visited New York in May this year.





Dr Chau Chak Wing or 'Paper Bag' Building UTS

The Valiant Four

Our first stop along the walk was to inspect the UTS Dr Chau Chak Wing Building, the award winning building known as "The Paper Bag Building". This is open seven days a week for students studying at UTS and also the public can access floors 3 to 5. We continued along the walk, and enjoyed the setting which has transformed the rundown area into a pleasant outdoor area with seating, a table tennis area, and park plantings.

The 500 metre walk finishes at the Power House Museum. Here a detour is necessary around construction, through part of Haymarket to arrive at Darling Harbour. A short morning tea was had at Maccas Darling Harbour, out of the wind and shade. We continued on to Cockle Bay where we helped Virginia find a suitable restaurant to go with friends.

We reached the three towers of Barangaroo and another detour, this time to Hickson Road, was made also due to construction. Eventually when Barangaroo is completed the public will be able to walk directly around the water's edge to Barangaroo Reserve. When we arrived at the reserve we were able to admire not only the reserve but also the 14 sculptures on exhibition. This was an extra benefit for Pan, Virginia, Margaret and myself on the day. Thanks girls for joining me.

THE GOODS LINE is a partly elevated urban walkway from Sydney Central Station to Darling Harbour that follows the route of the once bustling, but long neglected railway line. After completion of a \$15 million transformation "The Goods Line" re-opened to the public on Sunday 30 August 2015 - Best Sydney Walks Website

BARANGAROO RESERVE is Sydney's newest harbour foreshore park, marking the transformation of one of the city's oldest and ugliest industrial sites into a spectacular six-hectare headland open space for Sydneysiders and visitors to embrace and enjoy. Named after Barangaroo, a Cammeraygal woman who was a powerful voice in the early days of colonial Sydney, the reserve is rich in Aboriginal and cultural history – Barangaroo Website.

A quote "People may hear your words, but they feel your attitude" John C. Maxwell (1947-)